

BIRTH CENTERS AND HOME BIRTHS



TIPS FOR SUCCESSFUL NEWBORN SCREENINGS

Prior to Birth

- Purchase a 2-part NBS kit 3+ weeks before the baby's due date.

Prior to Screening

- Separate the forms, give the 2nd form to the parents for the second screening.
- Fill out the first NBS form **completely and accurately**.
 - **Missing information delays testing.**
 - This is essential in the case the of high-risk screening results. Incorrect information delays notification.

Complete the First Sample Collection within 24-48 hours of birth:

- View our Practioner's Manual for information on how to collect the sample.
- ONE large drop of blood per circle. Fill all 7 circles.

After Collection

- Dry horizontally at room temperature for 3 hours. Drying racks are no cost.
- Once dry, fold the biohazard flap over the sample and place in envelope.
- Send the sample to the Newborn Screening Lab within 24 hours of collection.
**Prompt sample delivery can be lifesaving for the baby.
- Avoid extreme temperature and humidity exposure to the bloodspot sample. Refrain from using outside mail drop-off boxes.

Second Collection is collected between 7-16 days after birth

- If you are not collecting the second screen, please instruct parents to have this done at their baby's health care provider.

Know your legal responsibilities

- It is state law that every baby born in Utah receives two newborn screenings.
- If parent(s) wish to refuse, you are required by law to provide them with education on newborn screening to ensure that they are able to make an informed decision regarding the health and well-being of their child.